



ROOTCRAFT COURSE COMPARISON CHART

Botanicals

	HERBAL FOUNDATIONS	RESISTANCE GARDENING	SEASONAL HERBALISM INTENSIVE
Program Start Date	Start anytime	Start anytime	Start anytime
Time to Access Lessons	1 year	Lifetime	3 years
Estimated time to complete	5 days	14 days	9 months
Lessons Released	Immediately	Immediately	Immediately
Video content	2 hours	3.5 hours	14.5 hours
Number of lessons	24 lessons	37 lessons	175 lessons
Medicine Making Tutorials	Basic	Minimal	In-Depth
Online Student Community	✓	✓	✓
Herbal Safety & Dosage	✓	✓	✓
Laws & Regulations	✓	✗	✓
Ethical Sourcing	✓	✓	✓
Drying & Storing Herbs	✓	✓	✓
Downloadable Recipes	✗	✓	✓
Plant Monographs	✗	12	75
Herbal Actions & Energetics	✗	✗	✓
Phytochemistry & Physiology	✗	✗	✓
Folklore & Cultural Traditions	✗	Limited	✓
Detoxification & Immune Support	✗	✗	✓
Reproductive & Stress Support	✗	✗	✓
Skincare & First Aid	✗	Limited	✓
Starting & Growing a Garden	✗	✓	✓
Soil Building	✗	✓	✓
Living in sync w/ seasonal shifts	✗	✗	✓
Enrollment Fee	\$47	\$47	\$697-\$897
Montly Payment Plan	✗	✗	6 x \$119-\$155

Click to Enroll in
Herbal
Foundations

Click to Enroll in
Resistance
Gardening

Click to Enroll in
the Seasonal
Intensive