



ROOTCRAFT COURSE COMPARISON CHART

Botanicals

	Herbal Foundations	Resistance Gardening	Kitchen Resilience	Integrated Herbal Intensive	Seasonal Herbalism Intensive
Program Start Date	Start anytime	Start anytime	Start anytime	Start anytime	Feb-Oct
Time to Access Lessons	1 year	Lifetime	Lifetime	Lifetime	3 years
Estimated time to complete	5 days	14 days	1 month	6 months	9 months
Lessons Released	Immediately	Immediately	Immediately	Immediately	Monthly
Video content	1.5 hours	3.5 hours	4 hours	13 hours	14.5 hours
Number of lessons	26 lessons	40 lessons	32 lessons	157 lessons	162 lessons
Medicine Making Tutorials	Basic	Minimal	Minimal	In-Depth	In-Depth
Online Student Community	✓	✓	✓	✓	✓
Herbal Safety & Dosage	✓	✓	✓	✓	✓
Laws & Regulations	✓	✗	✗	✓	✓
Ethical Sourcing	✓	✓	✗	✓	✓
Drying & Storing Herbs	✓	✓	✗	✓	✓
Downloadable Recipes	✗	✓	✓	✓	✓
Plant Monographs	✗	12 (+3 bonus)	10	75	75
Herbal Actions & Energetics	✗	✗	Limited	✓	✓
Phytochemistry & Physiology	✗	✗	Limited	✓	✓
Folklore & Cultural Traditions	✗	Limited	Limited	✓	✓
Detoxification & Immune Support	✗	✗	✓	✓	✓
Reproductive & Stress Support	✗	✗	✗	✓	✓
Skincare & First Aid	✗	Limited	✗	✓	✓
Starting & Growing a Garden	✗	✓	✗	✗	✓
Soil Building	✗	✓	✗	✗	✓
Living in sync w/ seasonal shifts	✗	✗	✗	✗	✓
Enrollment Fee	\$48	\$48	\$98	\$539-\$795	\$595-\$795
Montly Payment Plan	✗	✗	✗	6 x \$99-\$139	9 x \$69-\$89
	Click to Enroll in Herbal Foundations	Click to Enroll in Resistance Gardening	Click to Enroll in Kitchen Resilience	Click to Enroll in The Integrated Herbal Intensive	Opens February 2026